Coverage for: Individual/Family | Plan Type: PPO

Mine Services, LTD.: PPO Plan



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-521-2227 or at https://policy-srv.box.com/s/6n13sbxz3rgz9pkdiq0h90timyv7w3u3.

For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-855-756-4448 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|---|--|
| What is the overall deductible? | For In-Network: \$5,000 Individual / \$10,000 Family For Out-of-Network: \$12,000 Individual / \$24,000 Family | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. Services that charge a <u>copayment</u> , <u>prescription</u> <u>drugs</u> , emergency room services, certain <u>preventive care</u> , and In-Network <u>diagnostic tests</u> , home health, skilled nursing, and hospice are covered before you meet your <u>deductible</u> . | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits/. |
| Are there other deductibles for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | For In-Network: \$7,150 Individual / \$14,300 Family For Out-of-Network: \$15,000 Individual / \$30,000 Family their own out-of-pocket limits until the overall family out-of-pocket limits until the overall family out-of-pocket limits. | |
| What is not included in the <u>out-of-pocket limit?</u> | <u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network provider</u> ? | Yes. See www.bcbstx.com or call 1-800-810-2583 for a list of network providers . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the specialist you choose without a referral. |

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| | | What You Will Pay | | Limitations, Exceptions, & Other |
|-----------------------------|--|---|---|---|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| | Primary care visit to treat an injury or illness | \$15/visit; deductible does not apply | 50% <u>coinsurance</u> atter <u>deductible</u> | Virtual visits are available, please refer to your <u>plan</u> policy for more details. |
| If you visit a health care | Specialist visit | \$50/visit; deductible does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| provider's office or clinic | Preventive care/screening/ immunization | No Charge; deductible does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. No Charge for child immunizations Out-of-Network through the 6th birthday. |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | No Charge; deductible does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | Office visit <u>copayment</u> may apply. |
| If you have a test | Imaging (CT/PET scans, MRIs) | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |

| | What You Will Pay | | | Limitations, Exceptions, & Other |
|--|--|---|---|---|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| | Generic drugs | \$15 retail/\$37.50 mail order/prescription; deductible does not apply | \$15/prescription plus 50% coinsurance; deductible does not apply | Retail covers a 30-day supply. With appropriate prescription, up to a 90-day supply is available. Mail order covers a |
| | Preferred brand drugs | \$45 retail/\$112.50 mail order/prescription; deductible does not apply | \$45/prescription plus 50% coinsurance; deductible does not apply | 90-day supply. Out-of-Network mail order is not covered. Payment of the difference between the cost |
| If you need drugs to treat your illness or condition | | | | of a brand name drug and a generic may be required if a generic drug is available. |
| More information about prescription drug coverage is available at www.bcbstx.com | Non-preferred brand drugs | \$85 retail/\$212.50 mail order/prescription; deductible does not apply | \$85/prescription plus 50% coinsurance; deductible does not apply | For Out-of-Network pharmacy, member must file claim. The cost-sharing for insulin included in the drug list will not exceed \$25 per prescription for a 30-day supply, regardless of the amount or type of insulin needed to fill the prescription. |
| | Specialty drugs | \$15/\$45/\$85/prescription; deductible does not apply | \$15/\$45/\$85/prescription plus 50% coinsurance; deductible does not apply | For In-Network benefit, <u>specialty drugs</u> must be obtained from In-Network specialty pharmacy <u>provider</u> . Specialty retail limited to a 30-day supply. Mail order is not covered. |
| If you have outpatient | Facility fee (e.g., ambulatory surgery center) | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| surgery | Physician/surgeon fees | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| | Emergency room care | \$300/visit plus 20% coinsurance; deductible does not apply | \$300/visit plus 20% coinsurance; deductible does not apply | Emergency room <u>copayment</u> waived if admitted. |
| If you need immediate medical attention | Emergency medical transportation | 20% <u>coinsurance</u> after <u>deductible</u> | 20% <u>coinsurance</u> after <u>deductible</u> | Ground and air transportation covered. |
| | <u>Urgent care</u> | \$25/visit; deductible does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | You may have to pay for services that are not covered by the visit fee. For an example, see "If you have a test" on page 2. |

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://policy-srv.box.com/s/6n13sbxz3rgz9pkdiq0h90timyv7w3u3.

| | | What You Will Pay | | Limitations, Exceptions, & Other |
|--|---|---|---|---|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| If you have a hospital | Facility fee (e.g., hospital room) | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| stay | Physician/surgeon fees | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$15/office visit; deductible does not apply 20% coinsurance after deductible for other outpatient services | 50% <u>coinsurance</u> after <u>deductible</u> | Certain services must be preauthorized; refer to your benefit booklet* for details. Virtual visits are available, please refer to your <u>plan</u> policy for more details. |
| abuse services | Inpatient services | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| | Office visits | \$15 PCP/\$50 SPC; deductible does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | Copayment applies to first prenatal visit (per pregnancy). |
| If you are pregnant | Childbirth/delivery professional services | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and service described elsewhere in the SBC (i.e. ultrasound). |
| | Childbirth/delivery facility services | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://policy-srv.box.com/s/6n13sbxz3rgz9pkdiq0h90timyv7w3u3.

| | What You Will Pay | | | Limitations, Exceptions, & Other |
|---|------------------------------|--|---|---|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| | Home health care | 20% <u>coinsurance;</u> <u>deductible</u> does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | Limited to 60 visits per calendar year. <u>Preauthorization</u> is required. |
| If you need help recovering or have other special health needs | Rehabilitation services | \$15 PCP/\$50 SPC/visit plus 20% coinsurance; deductible does not apply 20% coinsurance after deductible for other outpatient services | 50% <u>coinsurance</u> after <u>deductible</u> | Limited to 35 visits combined for all therapies per calendar year. Includes, but is |
| | <u>Habilitation services</u> | \$15 PCP/\$50 SPC/visit plus 20% coinsurance; deductible does not apply 20% coinsurance after deductible for other outpatient services | 50% <u>coinsurance</u> after <u>deductible</u> | not limited to, occupational, physical, and manipulative therapy. |
| | Skilled nursing care | 20% <u>coinsurance;</u> <u>deductible</u> does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | Limited to 60 visits per calendar year. |
| | Durable medical equipment | 20% <u>coinsurance</u> after <u>deductible</u> | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| | Hospice services | 20% <u>coinsurance;</u> <u>deductible</u> does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| If your child needs | Children's eye exam | \$15 PCP/\$50 SPC/visit;_ deductible does not apply | 50% <u>coinsurance</u> after <u>deductible</u> | None |
| dental or eye care | Children's glasses | Not Covered | Not Covered | None |
| | Children's dental check-up | Not Covered | Not Covered | None |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
 - Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Chiropractic care

- Hearing aids (1 per ear per 36-month period)
- Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: For group health coverage contact the plan, Blue Cross and Blue Shield of Texas at 1-800-521-2227 or visit www.bcbstx.com. For group health coverage subject to ERISA, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. For non-federal governmental group health plans, contact Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: For group health coverage subject to ERISA: Blue Cross and Blue Shield of Texas at 1-800-521-2227 or visit www.bcbstx.com, the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, and the Texas Department of Insurance, Consumer Protection at 1-800-252-3439 or www.tdi.texas.gov. For non-federal governmental group health plans and church plans that are group health plans, Blue Cross and Blue Shield of Texas at 1-800-252-3439 or www.bcbstx.com or contact the Texas Department of Insurance, Consumer Protection at 1-800-252-3439 or www.tdi.texas.gov. Additionally, a consumer assistance program can help you file your appeal. Contact the Texas Department of Insurance's Consumer Health Assistance Program at 1-800-252-3439 or visit www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/tx.html.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-521-2227.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-521-2227.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-521-2227.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-521-2227.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$5,000 |
|---|---------|
| ■ Specialist copayment | \$50 |
| Hospital (facility) coinsurance | 20% |
| Other coinsurance | 20% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | \$12,700 |
|---------------------------------|----------|
| In this example, Peg would pay: | |
| Cost Sharing | |
| <u>Deductibles</u> | \$5,000 |
| Copayments | \$30 |
| Coinsurance | \$1,300 |
| What isn't covered | |
| Limits or exclusions | \$60 |
| The total Peg would pay is | \$6,390 |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$5,000 |
|---|---------|
| ■ Specialist copayment | \$50 |
| Hospital (facility) coinsurance | 20% |
| ■ Other coinsurance | 20% |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

| I otal Example Cost | \$5,600 |
|---------------------------------|---------|
| In this example, Joe would pay: | |
| Cost Sharing | |
| <u>Deductibles</u> | \$800 |
| <u>Copayments</u> | \$700 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or exclusions | \$20 |
| The total Joe would pay is | \$1,520 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$5,000 |
|---------------------------------|---------|
| ■ Specialist copayment | \$50 |
| Hospital (facility) coinsurance | 20% |
| ■ Other coinsurance | 20% |

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|---------------------------------|---------|
| In this example, Mia would pay: | |
| Cost Sharing | |
| <u>Deductibles</u> | \$1,300 |
| Copayments | \$500 |
| <u>Coinsurance</u> | \$80 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$1,880 |



Health care coverage is important for everyone.

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator Phone: 855-664-7270 (voicemail)

300 E. Randolph St. TTY/TDD: 855-661-6965 35th Floor Fax: 855-661-6960

Chicago, Illinois 60601

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services Phone: 800-368-1019 200 Independence Avenue SW TTY/TDD: 800-537-7697

Room 509F, HHH Building 1019

Complaint Portal: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf
Washington, DC 20201

Complaint Forms: https://ocrportal.hhs.gov/ocr/office/file/index.html

bcbstx.com

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

| | To talk to all interpreted, can odo 7 to oco4. |
|--------------------------|--|
| Español Spanish | Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984. |
| العربية Arabic | إن كان لديك أو لدى شخص تساعده أسئلة، فلديك الحق في الحصول بلع المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة اللتحدث مع مترجم فوري، اتصل بلع الرم 6984-710-855. |
| 繁體中文 Chinese | 如果您,或您正在協助的對象,對此有疑問,您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員,請撥電話 號碼 855-710-6984。 |
| Français French | Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-710-6984. |
| Deutsch German | Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an. |
| ગુજરાતી Gujarati | જો તમને અથવા તમે મદદ કરી રહ્યા હોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયક્રમ બાબતે પૃશ્નો હોય, તો તમને વિના ખયેર, તમારી ભાષામાં મદદ અને માહિતી મેળવવાનો ફક્ક છે. દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો. |
| हिंदी Hindi | यिद आपके, या आप जिसकी सहायता कर रहे हैं उसके, प्रश्न हैं, तो आपके अपनी भाषा म निःशुल्क सहायता और जानकारी प्राप्त करन का अधिकार है। किसी अनवादक स बात करन क लिए 855-710-6984 पर कॉल करें।. |
| Italiano Italian | Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984. |
| 한국어 Korean | 만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984 로 전화하십시오. |
| Diné Navajo | T'áá ni, éí doodago ła'da bíká anánílwo'ígíí, na'ídíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e níká a'doolwoł dóó bína'ídíłkidígíí bee nił h odoonih. Ata'dahalne'ígíí bich'į' hodíílnih kwe'é 855-710-6984. |
| فارس <i>ی</i> Persian | اگر شما، یا کسی که شما به او کمک می کنید، سؤالی داشته باشید، حق این را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید جهت گفتگو با یک مترجم شهافی، با شماره تمسا حاصل نمایید 6984-710-855 |
| Polski Polish | Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezplatnej informacji i pomocy we własnym języku. Aby porozmawiać z tlumaczem, zadzwoń pod numer 855-710-6984. |
| Русский Russian | Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984. |
| Tagalog Tagalog | Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984. |
| اردو Urdu | اگر آپ کتو، یا کسی ایسے فر د کتو جس کتی آپ مہد کررہے ہیں، کوئی سروال درپیش ہے تو، آپ کتو اپنی زبان میں مغتصدد اور معلومات حاصل کرنے کا حق ہے. مثرجم سے بات برنے کے لیے، 8984-710-858 پر کتال کتریں. |
| Tiếng Việt Vietnamese | Nếu quý vị, hoặc người mà quý vị giúp đỡ, có câu hỏi, thì quý vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984. |